

JB Care *by*

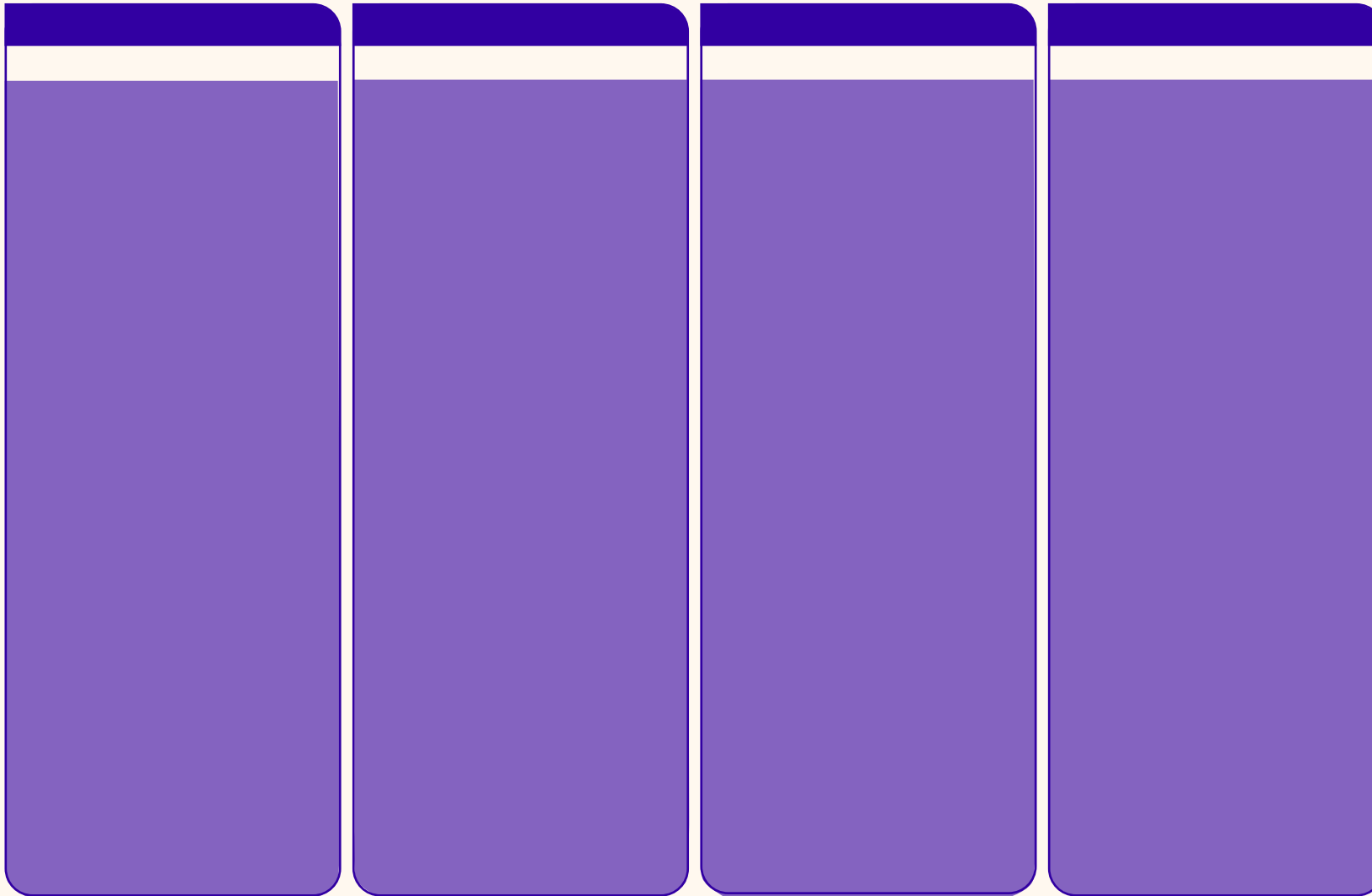
LumiaCare



# MAY ACTIVITIES 2026

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Phone: (02) 9135 4868

# MAY



## FRIDAY 1

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

### SWIMMING

Eagle Vale Heated Pool  
\$5.40



PM

Select a room at the Day Program for free time























Bring:  
Water Bottle &  
Own Lunch



ACTIVITIES ARE SUBJECT TO CHANGE

Please wear comfortable shoes and clothing, a sun hat, and apply sunscreen for all outings. It will be \$5 for any lunches provided at Lumia Care as shown on the calendar. No lunch is needed on these days if you would like to participate. If you do not wish to participate, please bring your own lunch.

# MAY






MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>
<p><b>AM/PM</b></p> <p><b>CAMPBELLTOWN CITY BOWLING</b> \$10.00</p> 	<p><b>AM/PM</b></p> <p><b>MOTHER'S DAY CRAFTS</b></p> 	<p><b>AM/PM</b></p> <p><b>FUN HOUSE HQ &amp; SMEATON GRANGE</b> \$12.00 + \$4.00 for Socks</p> 	<p><b>AM/PM</b></p> <p><b>FINISHING MOTHER'S DAY CRAFTS</b></p> 	<p><b>AM/PM</b></p> <p><b>BOTANICAL GARDENS</b> Mount Annan</p> 
<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 

Bring: Water Bottle & Own Lunch  | Bring: Water Bottle & Own Lunch  | Bring: Water Bottle & Own Lunch  | Bring: Water Bottle & Own Lunch  | Bring: Water Bottle & Own Lunch 

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# MAY



MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>
<p><b>AM/PM</b></p> <p><b>MOUNT ANNAN PARK</b> Birriwa Reserve</p> 	<p><b>AM/PM</b></p> <p><b>CRAFTS &amp; BINGO</b></p> 	<p><b>AM/PM</b></p> <p><b>MACARTHUR SQUARE LUNCH</b> \$20.00</p> 	<p><b>AM/PM</b></p> <p><b>COOKING SPAGHETTI &amp; MEATBALLS</b> \$5.00</p> 	<p><b>AM/PM</b></p> <p><b>CAMPBELLTOWN CITY BOWLING</b> \$10.00</p> 
<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 
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# MAY



























MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>	<p><b>AM</b></p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p>
<p><b>AM/PM</b></p> <p><b>MOVIE DAY</b></p> 	<p><b>AM/PM</b></p> <p><b>MAKE SLUSHY DAY</b> </p> <p><b>GAMES &amp; CRAFT</b> </p>	<p><b>AM/PM</b></p> <p><b>LAZER TAG</b> \$25.00 </p> <p>OR</p> <p><b>TIME ZONE</b> \$30.00 </p>	<p><b>AM/PM</b></p> <p><b>OMAR BIRTHDAY</b> </p> <p><b>GAME S &amp; CRAFTS</b> </p>	<p><b>AM/PM</b></p> <p><b>SIMO'S RESERVE</b> for lunch bush walk</p> 
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MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 30
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<p><b>AM/PM</b></p> <p><b>CAMPBELLTOWN CITY BOWLING</b> \$10.00</p> 	<p><b>AM/PM</b></p> <p><b>COFFEE &amp; DONUT DAY</b> \$5.00</p> 	<p><b>AM/PM</b></p> <p><b>MOUNT ANNAN BOTANICAL GARDENS</b> Lunch &amp; Ball Games</p> 	<p><b>AM/PM</b></p> <p><b>MINUTE TO WIN IT</b></p>  <p><b>BINGO &amp; BBQ LUNCH</b> \$5.00</p> 	<p><b>AM/PM</b></p> <p><b>OP SHOPPING</b> Bring spending money</p> 
<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 	<p><b>PM</b></p> <p>Select a room at the Day Program for free time</p> 
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