



FEBRUARY ACTIVITIES

2026

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FEBRUARY

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
AM JB Cafe Open  Stretch, chair yoga, or play with Loui at the park. 	AM JB Cafe Open  Stretch, chair yoga, or play with Loui at the park. 	AM JB Cafe Open  Stretch, chair yoga, or play with Loui at the park. 	AM JB Cafe Open  Stretch, chair yoga, or play with Loui at the park. 	AM JB Cafe Open  Stretch, chair yoga, or play with Loui at the park. 
AM/PM BRADBURY POOLS Swimming \$5.40 	AM/PM CRAFTS & GAME DAY SPORTS IN THE PARK  COOKING FRIED RICE \$5.00 	AM/PM CITY BOWLING CAMPBELLTOWN \$10.00 	AM/PM BINGO & CRAFTS 	AM/PM PARK VISIT Play & lunch 
PM Select a room at the Day Program for free time 	PM Select a room at the Day Program for free time 	PM Select a room at the Day Program for free time 	PM Select a room at the Day Program for free time 	PM Select a room at the Day Program for free time 
Bring: Water Bottle & Own Lunch 	Bring: Water Bottle 	Bring: Water Bottle & Own Lunch 	Bring: Water Bottle & Own Lunch 	Bring: Water Bottle & Own Lunch 

ACTIVITIES ARE SUBJECT TO CHANGE

Please wear comfortable shoes and clothing, a sun hat, and apply sunscreen for all outings. It will be \$5 for any lunches provided at JB Care as shown on the calendar. No lunch is needed on these days if you would like to participate. If you do not wish to participate, please bring your own lunch.



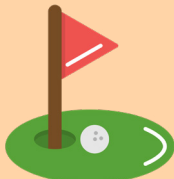


























FEBRUARY

MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>RAIL MUSEUM \$15.00</p>  <p>PM</p> <p>Select a room at the Day Program for free time</p> 	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p> VALENTINES CRAFT DAY</p> <p>SPORTS DAY IN THE PARK </p> <p>PM</p> <p>Select a room at the Day Program for free time</p> 	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>TONGGERAI PARK APPIN BBQ Lunch \$5.00</p>  <p>PM</p> <p>Select a room at the Day Program for free time</p> 	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>COOKING LUNCH Home made pies & Sausage rolls </p> <p> CRAFTS & BINGO</p> <p>PM</p> <p>Select a room at the Day Program for free time</p> 	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>EAGLEVALE POOLS Swimming \$5.40</p>  <p>PM</p> <p>Select a room at the Day Program for free time</p> 
<p>Bring: Water Bottle & Own Lunch</p> 	<p>Bring: Water Bottle & Own Lunch</p> 	<p>Bring: Water Bottle</p> 	<p>Bring: Water Bottle</p> 	<p>Bring: Water Bottle & Own Lunch</p> 

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MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>CAMPBELLTOWN PUTT PUTT \$14.00 </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>COOKING Chicken & Veg Hokkin noodles \$5.00 </p> <p>CRAFTS & GAMES </p> <p>SPORTS IN THE PARK </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>MACQUARIE FIELD POOLS Swimming \$5.40 </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>CRAFT, BINGO & SENSORY GAMES  </p> <p>SHINE SHED \$16 (Optional) </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>BOTANICAL GARDENS & lunch </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>
<p>Bring: Water Bottle & Own Lunch </p>	<p>Bring: Water Bottle </p>	<p>Bring: Water Bottle & Own Lunch </p>	<p>Bring: Water Bottle & Own Lunch </p>	<p>Bring: Water Bottle & Own Lunch </p>

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MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>BURRAGORANG LOOKOUT for a BBQ lunch \$5.00 </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>SPORTS IN THE PARK  ART'S & CRAFTS</p> <p>SENSORY GAMES </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>MACRTHUR SQUARE Lunch \$20 </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>COOKING Chicken carbonara \$5.00 </p> <p>GAMES & CRAFTS </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>	<p>AM</p> <p>JB Cafe Open </p> <p>Stretch, chair yoga, or play with Loui at the park. </p> <p>AM/PM</p> <p>GAMES IN THE PARK & Lunch </p> <p>PM</p> <p>Select a room at the Day Program for free time </p>
<p>Bring: Water Bottle </p>	<p>Bring: Water Bottle & Own Lunch </p>	<p>Bring: Water Bottle </p>	<p>Bring: Water Bottle </p>	<p>Bring: Water Bottle & Own Lunch </p>

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