



FEBRUARY ACTIVITIES

2026

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Phone: (02) 9135 4868

FEBRUARY

MONDAY 2

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

BRADBURY POOLS

Swimming \$5.40



PM

Select a room at the Day Program for free time



Bring:
Water Bottle &
Own Lunch



TUESDAY 3

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

CRAFTS & GAME DAY

SPORTS IN THE PARK



COOKING FRIED RICE \$5.00



PM

Select a room at the Day Program for free time



Bring:
Water Bottle



WEDNESDAY 4

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

CITY BOWLING CAMPBELLTOWN \$10.00



PM

Select a room at the Day Program for free time



Bring:
Water Bottle &
Own Lunch



THURSDAY 5

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

BINGO & CRAFTS



PM

Select a room at the Day Program for free time



Bring:
Water Bottle &
Own Lunch



FRIDAY 6

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

PARK VISIT

Play & lunch



PM

Select a room at the Day Program for free time



ACTIVITIES ARE SUBJECT TO CHANGE

Please wear comfortable shoes and clothing, a sun hat, and apply sunscreen for all outings. It will be \$5 for any lunches provided at JB Care as shown on the calendar. No lunch is needed on these days if you would like to participate. If you do not wish to participate, please bring your own lunch.

FEBRUARY

MONDAY 9

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

RAIL MUSEUM \$15.00



PM

Select a room at the Day Program for free time



Bring:
Water Bottle &
Own Lunch



TUESDAY 10

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

VALENTINES CRAFT DAY



SPORTS DAY
IN THE PARK



PM

Select a room at the Day Program for free time



Bring:
Water Bottle &
Own Lunch



WEDNESDAY 11

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

TONGGERAI PARK APPIN
BBQ Lunch \$5.00



PM

Select a room at the Day Program for free time



Bring:
Water Bottle



THURSDAY 12

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

COOKING LUNCH
Home made pies &
Sausage rolls



CRAFTS &
BINGO

PM

Select a room at the Day Program for free time



Bring:
Water Bottle



FRIDAY 13

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

EAGLEVALE POOLS
Swimming \$5.40



PM

Select a room at the Day Program for free time



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FEBRUARY

MONDAY 16

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

CAMPBELLTOWN
PUTT PUTT \$14.00



PM

Select a room at the Day Program for free time



Bring:
Water Bottle &
Own Lunch



TUESDAY 17

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

COOKING Chicken & Veg Hokkin noodles \$5.00



CRAFTS & GAMES

SPORTS IN THE PARK



PM

Select a room at the Day Program for free time



Bring:
Water Bottle



WEDNESDAY 18

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

MACQUARIE FIELD POOLS
Swimming \$5.40



PM

Select a room at the Day Program for free time



Bring:
Water Bottle &
Own Lunch



THURSDAY 19

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

CRAFT, BINGO & SENSORY GAMES

SHINE SHED \$16
(Optional)



PM

Select a room at the Day Program for free time



FRIDAY 20

AM

JB Cafe Open



Stretch, chair yoga, or play with Loui at the park.



AM/PM

BOTANICAL GARDENS & lunch



PM

Select a room at the Day Program for free time



Bring:
Water Bottle &
Own Lunch



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FEBRUARY

MONDAY 23

AM

JB Cafe Open 

Stretch, chair yoga, or play with Loui at the park. 

AM/PM

BURRAGORANG LOOKOUT for a BBQ lunch \$5.00 

PM

Select a room at the Day Program for free time 

TUESDAY 24

AM

JB Cafe Open 

Stretch, chair yoga, or play with Loui at the park. 

AM/PM

SPORTS IN THE PARK 

ART'S & CRAFTS 

SENSORY GAMES 

PM

Select a room at the Day Program for free time 

WEDNESDAY 25

AM

JB Cafe Open 

Stretch, chair yoga, or play with Loui at the park. 

AM/PM

MACRTHUR SQUARE Lunch \$20 

PM

Select a room at the Day Program for free time 

THURSDAY 26

AM

JB Cafe Open 

Stretch, chair yoga, or play with Loui at the park. 

AM/PM

COOKING Chicken carbonara \$5.00 

GAMES & CRAFTS 

PM

Select a room at the Day Program for free time 

FRIDAY 27

AM

JB Cafe Open 

Stretch, chair yoga, or play with Loui at the park. 

AM/PM

GAMES IN THE PARK & Lunch 

PM

Select a room at the Day Program for free time 

Bring: Water Bottle 

Bring: Water Bottle & Own Lunch 

Bring: Water Bottle 

Bring: Water Bottle 

Bring: Water Bottle & Own Lunch 

ACTIVITIES ARE SUBJECT TO CHANGE

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